



SimPRENA

Simulation 7

Role-play card 1

Nurse Role Card



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Nurse Role Card

Character:

You are an experienced A&E nurse, trained to handle high-pressure situations and emotional patients.

Situation:

You are tasked with triaging Alex's complaint and deciding whether he has a legitimate therapeutic need or is trying to obtain prescription medications. You must base your decisions on documented facts, not assumptions about the patient's motives. Having checked Alex's records, you are aware of his frequent visits with similar complaints.

Key Behaviour:

Approach Alex calmly and professionally, showing empathy for his pain while gathering information. Demonstrate understanding by repeating his concerns in your own words. Ask for more details if his requests or symptoms seem unclear or exaggerated. Ask open-ended questions about symptoms and past treatments to spot inconsistencies.

You notice that Alex moves easily when unobserved. Stay calm and non-confrontational, avoid accusations. Instead of saying, *"You're lying,"* frame statements neutrally. Use nonverbal signals of scepticism like a raised eyebrow or a moment of silence.

Follow prescribing medications guidelines. Suggest alternative pain relief strategies.

If the patient requests opioids, explain the clinical decision clearly: *"Based on your assessment, I don't think opioids are the best option for your pain today. Let's explore other ways to manage your discomfort."*

If necessary, involve senior staff or a pain management specialist for complex cases.

Remain vigilant if the patient becomes aggressive.

Document interactions, symptoms, and behaviours thoroughly.